Plymouth Foodbank
Together with Trussell

WINTER APPEAL

For local people facing hunger this winter, hope starts here

As Christmas approaches, many local families can't afford the essentials that most of us take for granted. Some will struggle to put food on the table, or worry about being able to turn on the heating over winter.

This festive season, can you help Plymouth Foodbank support local people?



By making a cash donation, you'll help provide people at crisis point with emergency food parcels – along with a warm, compassionate welcome, and vital advice on money matters. Your kind gift could also help fuel our delivery van – enabling us to collect and distribute food donations across our local community.

For local families facing hunger and hardship, you could make a life-changing difference.

Hope can start right now, and right here, on our doorstep. This Christmas, let's make sure no one is forgotten. Help show that *our community cares.*

> **"Money's always tight for us, but the expense of Christmas makes it so much harder to get by."**
>
> Chris, person with lived experience

SCAN ME

How to donate

Scan the QR code or visit our website:
www.plymouthfoodbank.org.uk

Call:
01752 254981